



Pu'uwai Canoe Club

Kauai Life-Sports Challenge

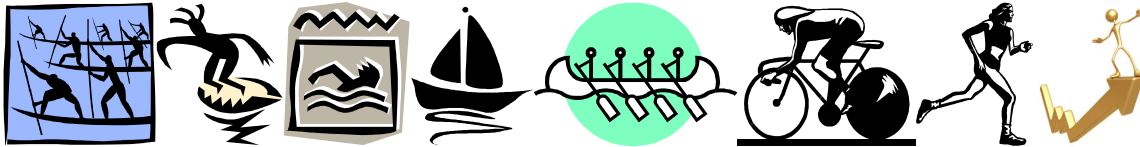
January 30, 2010

Kauai Marriott Hotel &
Kalapaki Beach



Pu'uwai Canoe Club

All Kauai Youths between the ages of 14 and 22 are welcome!



Standup, Surf, Swim, Sail, Canoe, Bike, Cross Train & MUCH MORE!!!

Wear Your Swim Suits Under Your Good Clothes & Bring a Towel.

MORNING PROGRAM	07:00m – 12:15pm
Registration & Packet Pickup	07:00am – 07:45am
Conference Introduction –	07:45am – 08:15am
Message from the Director – Brian Curll	08:15am – 09:00am
Strategies for Life – Dave Bown	09:00am – 10:00am
Break	10:00am – 10:15am
Life Bridges – Gena Kaulukukui	10:00am – 11:00am
Roundtable – Calvin Moniz, Imai Aiu, Kalani Vierra, Susan Smith, MBA, RD, Mason Chock, & More	11:00am – 12:00pm

LUNCH (at Duke's Restaurant)	12:00pm – 01:00pm
-------------------------------------	--------------------------

AFTERNOON PROGRAM *		01:00pm – 04:00pm
Stand Up Paddle Boards	Sailing Canoe	Aikido
Sports Nutrition	Volleyball Coaching	Pilates
OC-1, OC-2	Running Coaching	Bicycle Repair
Cross Training Instruction	Surfboards	Swim Coaching
Yoga Instruction	OC-6	

* Afternoon Na Opio will be organized into groups of 10 to 15, and assigned to one of the sports groups for individual instruction, rotating every 30 Min.

REGISTRATION FEES - \$20 per youth

Have more questions or need more information?

Call: Brian Curll at (808) 635-6311 / Email: Info@puuwaioutriggercanoecub.org

**The Kauai Youth Conference is Hosted by Pu'uwai Outrigger Canoe Club.
Our Goal is to focus on Practical Life Skills: Financial, Emotional, and
Physical to help provide a brighter, happier future for all.**

KAUAI YOUTH CONFERENCE PARTICIPANT REGISTRATION FORM

Youth Name (Last, First):		Shirt Size (Hope to have shirts):	
Address:			
City:		State:	Zip:
Phone Number:		Email:	
Gender:	Age:	Date of Birth:	
Emergency Contact:		Emergency Phone:	
<p>Waiver: In consideration of being allowed to participate in Puuwai Outrigger Canoe Club Activities, the undersigned fully understand that they will be engaging in activities that involve risk of serious injury, including permanent disability and death, and severe social and economic losses which might result not only from their own actions, inactions or negligence, but the actions, inactions or negligence of others, including the rules of play, condition of premises, and/or equipment failure. They assume all the foregoing risks and accept personal responsibility for the damages following such injury, permanent disability or death, or damaged property. Additionally, they hereby release, waive, discharge and understand that they may not sue Hui O Mana Ka Pu`uwai Outrigger Canoe Club, its members, sponsors, coaches, event volunteers, employees of the organization, other participants, or owners/leasers of the premises used to conduct the event, hereinafter referred to as "releasees", from demands, losses and damages on account of injury, including death or damage property, caused or alleged to be caused in whole or part by the negligence of the releasees or otherwise. Finally, they release, waive, discharge, and convey all rights to any photos, video, etc. taken at this public event to Hui O Mana Ka Pu`uwai Outrigger Canoe Club to use at their discretion for advertising & purposes. The undersigned have read the above waiver and release, understand that they have given up substantial rights by signing it and sign it voluntarily. Please write clearly.</p>			
Signature:	Date:	<input type="checkbox"/> Parent / Guardian Signing Print Full Name:	
<p>Registration & Payment: Please submit registration forms and payment of \$20 per participant by no later than 5:00pm on the Friday before the event (Jan 29, 2010).</p> <p>Completed registration forms should be emailed as an attachment to our info@puuwaioutriggercanoecub.org, or sent through standard mail to Pu`uwai Canoe Club at 6590-A Pu`upua Road, Kapa`a, HI 96746.</p> <p>You may also register on-line and/or pay via credit card at our website – www.puuwaioutriggercanoecub.org – on the Kauai Youth Conference page. Credit card payments are accepted by the website only, and must be received by the deadline above. <u>No credit card payment will be accepted at the event site during packet pickup.</u></p> <p>Mail in or Same Day event Registration fees Must be paid by check. All checks payable to Pu`uwai Canoe Club.</p> <p>Registration and payment questions should be directed to the email address above, or directly to the Event Director: Brian Cull (808) 635-6311.</p>			